

# THE SKY is the LIMIT

Year 2023-24, Issue 15

**The Sky is the Limit**  
BC NAKLO – Secondary School  
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# CONTENTS

## 2 FROM THE EDITORS

## 3 GOING PLACES

### STUDENT MOBILITIES

- 3 Learning and working in the Biosphere Reserve in **Austria**
- 4 **Danes** produce pork but don't eat it much
- 5 Florists international in **Varaždin, Croatia**
- 6 'Young Entrepreneurs Innovation Camp' in **Zreče**
- 6 Dancing in the rain and sitting by the fire
- 6 The MEPI song
- 7 Off the road again!

### TRAVELLING ON OUR OWN

- 8 The Mayan temples and pink waters of **Mexico**
- 8 Enchanted by **Indonesia's** vibrant colours, culture and welcoming locals
- 9 A sunny summer week in **Finland**, against the odds
- 9 **Mallorca** adventure: Riding a tram!

### TEACHER & STAFF MOBILITIES

- 10 Who are the Guidance Service Providers? Partners from **Spain, Ireland** and **Croatia** meet in **Slovenia**
- 10 A training course in **Amsterdam**: Best apps for future teachers
- 11 From a student backpacker to accompanying teenagers to **Estonia**
- 12 Attending the Yad Vashem Seminar on Holocaust Studies in **Israel**

- 13 A trip to **Palermo**: Making pizza, pasta, ricotta, mozzarella, gelato and marmellata with Italians – a delightful experience
- 14 **Resia** – so close but so different
- 15 **Spanish Valencia** as a centre for beneficial Erasmus+ teacher training
- 15 21<sup>st</sup> Century skills in **Berlin**

## 16 WHAT WE HAVE LEARNT

- 16 A forest school around the corner

## 16 YES WE CAN

- 16 Wordsearch puzzles
- 17 Local is delicious: Apple cider production
- 17 Autumn has come
- 18 All about food
- 18 From our artists
- 19 A feast for your eyes and ...
- 19 Our school band
- 19 Fish in the pond



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## FROM THE EDITORS

### The Editors

We are proud to announce that the 15<sup>th</sup> issue of our English magazine is finally out and this time the turnout was as eventful as ever. Our students have been travelling everywhere from neighbouring Austria and Croatia to Denmark, Mexico, Indonesia, Mallorca and even Finland. The teachers haven't been resting either, sharing their impressions from Amsterdam, Estonia, Israel,

Palermo, Resia and Spain. In sections 'What we have learnt' and 'Yes we can!' we learned something about forest school and our school band, as well as covered topics on food, like producing apple cider and what an athlete's diet looks like. As always, we are grateful to have a chance to work on something like that. This year, we even decided to incorporate different tools that

make both editing and writing easier. We have to admit, this being our penultimate issue, the feelings are bitter-sweet but we're happy to report that we're already training new, younger editors who will continue on with the English school paper. We invite everyone who doesn't feel challenged enough in their regular English class to join the editorial board! Enjoy the read!



# STUDENT MOBILITIES



## Learning and working in the Biosphere Reserve in Austria

By Miha GMAJNER

We attended an exchange to Austria during which we learned a lot of new things. We worked on local farmers' fields and through work we discovered their culture and learned about their everyday life in the Nockberge Biosphere Reserve. The type of work ranged from carrying rocks out of a river to ripping out invasive plants from meadows. We also hel-

ped locals build a fence which they will use in an international conference to show their traditional building technique. The farmers always provided us with a delicious home-made lunch after a day of hard work. Some days we visited tourist attractions such as Kölnbrein dam and the medieval town of Gmünd where we learned about the history of the

region. In addition, we saw a lot of natural sights including lakes, mountains, rivers and so on. During our stay in the park, we saw numerous animals but our absolute favourite to watch were marmots as they were running around in huge numbers. We had great fun and really connected with one another and the beautiful nature around us.

### Recent and on-going projects & mobilities

By the PROJECT OFFICE

#### ERASMUS+

#### Akreditacija VET 2022 – Mobility projects in the field of vocational education and training

- Landbrugskolen Sjælland, Danska (October 2023) – Agriculture
- Olustvere Teenindus-ja Maamajanduskool, Estonia (November 2023) – Food and food technology
- Voss vidaregåande skule, Norway (January 2024) – Nature conservation
- Zespół Szkół Centrum Kształcenia Rolniczego in Samostrzel, Poland (April 2024) – Biotechnology
- Courses and training, Job shadowing – staff mobility (school year 2023 – 24)

#### Akreditacija SCH 2023 – Mobility projects in the field of school education

- Courses and training, Job shadowing – staff mobility (school year 2023 – 24)





# Danes produce pork but don't eat it much

By Lucija VALJAVEC

In October we had an exchange to Denmark. It was mostly targeted at students of agricultural courses. We weren't the only ones from abroad, there were also students from Austria and the Czech Republic. We had lessons about pigs, plant biology and English. We went to different farms: on one they had a lot of pigs (around a thousand), on the second one there were dairy cows and on the third one we saw how milking robots are used (they had seven of them). After we had finished with school every day around half past three, we went on some small trips around the area or to the nearest city called Slagelse. At the weekend we had free time, so we used it to go check out the nearby museum of Vikings, some old town, and the biggest bridge in Europe. I really liked the way Danes eat: they have a lot of meals during the day, but they eat much less meat than we do. It was an amazing experience, we definitely loved it.





# Florists international in Varaždin, Croatia

By Sonja JERIČ ŠTEFE

At the end of September, three of our students took part in an international horticulture and floristry competition in Varaždin, Croatia. Ema Golob and Nina Šarc placed fourth and Rebeka Černe came ninth among 16 competitors. Students of horticulture had to identify plants, measure the content of sugar in apple cider, show their knowledge of plant protection and create garden designs. Florists, on the other hand, made wedding bouquets and selfie-frameworks. Ema and Nina were excited as they made new friends from around the globe and upgraded their professional skills. While the competition was stressful at times, the girls kept their calm, stayed focused and enjoyed the experience. Congratulations!





# 'Young Entrepreneurs Innovation Camp' in Zreče

By Nataša ŠINK

Within the Junior Achievement Slovenija initiative a group of our students took part in the Innovation Camp in Zreče. Mentors from several successful businesses and institutions supported them in developing business ideas. Taking the Girls Go Circular project as an example, our students came up with the proposal of how to reuse mobile phones or their parts. The mentors were thrilled and said they could never have thought of those solutions themselves!



# Dancing in the rain and sitting by the fire

By Eva MIŽE & Larisa LUŠINA

Lying in your bed is okay but have you ever thought about joining MEPI? Well, if you haven't, let me tell you about our hike to Lake Bukovnik – and maybe you will. We packed our backpacks and set off with a lot of energy. While we were walking, the music was playing and we were dan-

cing in the rain. Bad weather is never a problem and there is always nature around us. When we came to the sleeping spot, we pitched our tents and played volleyball. There were some cute playful kittens to keep us company. But the best are always the evenings by the

fire where we share funny stories and have a great time. Each expedition passes really quickly but great memories remain. Sometimes we get lost but with great teamwork you can always find the way. So, what are you waiting for? Come to MEPI and create memories for life.



## The MEPI song

By Eva MIŽE & Larisa LUŠINA

Before hitting the road,  
we make a plan where to go.  
We decided for an epic show,  
exploring places we don't know.

Climbing mountains high, feeling so alive,  
with friends by your side, memories will thrive.  
Through valleys and forests we make our way,  
we are challenged day by day.

So, lace up your boots, grab your backpack tight,  
join MEPI and let your spirit take a flight.  
With laughter and adventure we will make memories so sweet,  
hiking with MEPI is an experience that you can't beat.





# Off the road again!



By Urh ŽOS, Nejc TRUNK, Joana ŠAVLI & Rebeka ČADEŽ



Muddy conditions and good company made us dirty and happy. I hope we can do it again next year!

Rebeka



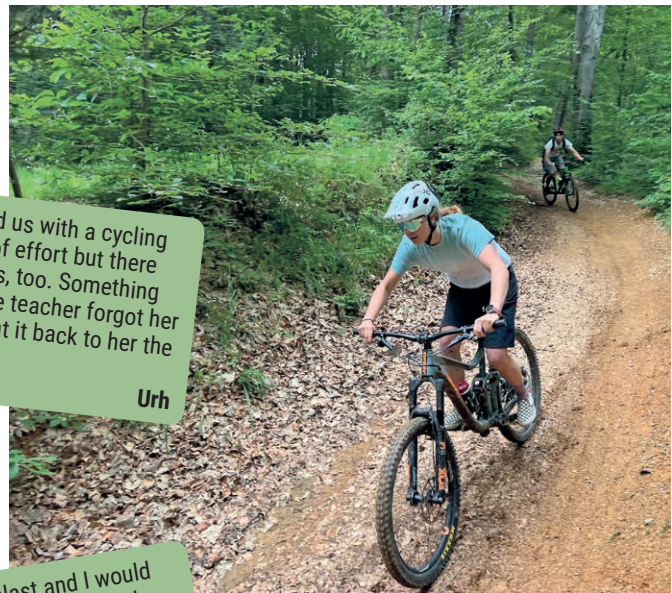
It was a wild adventure. I met some amazing people and had a blast riding through muddy forest. So stoked about our next adventure!

Joana



The teacher surprised us with a cycling trip. It required a lot of effort but there were many adventures, too. Something unusual happened: the teacher forgot her backpack and I brought it back to her the next day.

Urh



It was a blast and I would definitely repeat it. But I hope I don't have to change my tyre again!

Nejc





# Travelling on our own

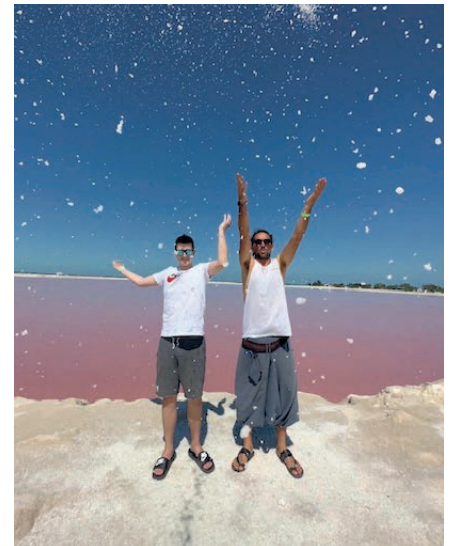
Whether for reasons of curiosity, adventurousness, pure luck – or their parents insisting – some students have had the opportunity to travel far and wide with family or friends. Here are some of their stories.

## The Mayan temples and pink waters of Mexico

By Marcel Kal KELC

In my 16 years I have been lucky enough to travel all over the world and each trip was a great adventure. One time, my mother and I went to Mexico. On that trip we saw a lot of interesting architecture such as the Mayan temples. We met very interesting people and made some new Mexican friends. Now I am going to tell you about some interesting places that you should visit in Mexico. First of all, there are the natural underground pools, that are very fun to swim in. Also, if you go to Mexico, you should definitely visit the Mayan temples. An interesting fact: if you clap inside the temple, you can hear the sound of a bird that was sa-

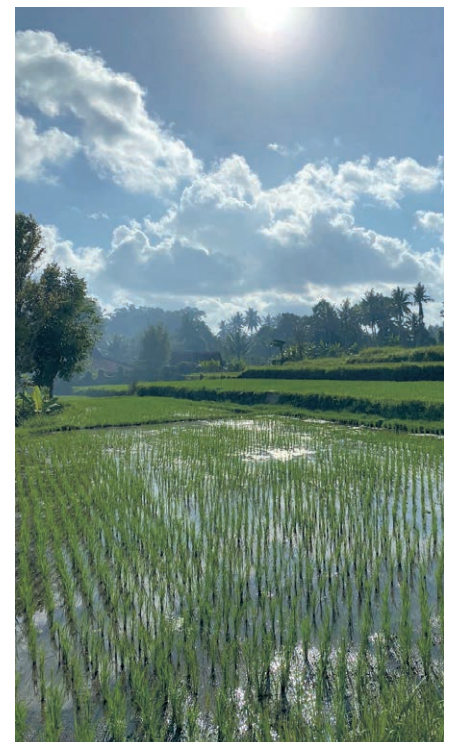
cred to the Mayans. Mexico has very beautiful beaches like Cancun and Tulum. Personally, I like Cancun best. In the sea you can see many wonderful sea creatures. While diving I saw a green sea turtle and I decided to call it Chris. While visiting, we went to a place where they had a lot of flamingos and pink water, yes pink water. It's pink because the lakes are located in a place where there is a lot of salt, which attracts shrimp and plankton. There are also red algae that help with the colour. I think that's enough information to convince you to visit Mexico. Make sure you say hello to Chris for me!



## Enchanted by Indonesia's vibrant colours, culture and welcoming locals

By Zoja ZUPAN PETRIČ

This summer, I had the amazing opportunity to visit Indonesia for the first time. It was an unforgettable experience! I remember feeling a mix of emotions building up inside me as I boarded the plane for the first time. The anticipation built up as we gained altitude and soon came out above the clouds. The view from the window was absolutely breath-taking. When I arrived in Indonesia, the warm tropical air immediately embraced me, and I was overtaken by all the vibrant colours and a completely different culture. I explored beautiful beaches, hiked through lush jungles, and even visited the largest Buddhist temple in the world called Borobudur. The people were incredibly welcoming and friendly making me feel extremely safe and comfortable. It was truly a trip filled with unforgettable experiences and many new precious memories.





# A sunny summer week in Finland, against the odds

By Naja BUDAU

In early July, I finally got the chance to visit one of my best friends and dearest companions in her hometown – Tampere, Finland. My trip started in the early morning at the Ljubljana airport, where I boarded one of Finnair's best airplanes that took me, and other passengers, to the Helsinki Vantaa airport. The forecast was clouds and rain, but we spent the whole week basking in sunshine. Luckily so, as our original plan for the week could last us for the whole month, but we picked out the highlights. We decided to bike to the Viking fair event, do some sightseeing

in the Tampere city centre, visit the amusement park and aquarium (plus a ton of museums) as well as swim in an actual Finnish lake! While visiting, I stayed with my friend and her mother, which allowed me an insight into every-day Finnish life; that I'll admit is very different from mine, but that makes it no less pleasant (if not even more so). I was also fortunate enough to eat like a proper Finn for a week – trying everything ranging from salmon soup (that ended up being one of my favourite dishes of all time!), karjalanpiirakka (Karelian pasties or pies filled with rice),



## Mallorca adventure: Riding a tram!

By Anja BOŽIČ

I went traveling with my family to Mallorca. We saw a lot of different tourist spots. From caves, lighthouses, beaches to cathedrals. From all of the adventures my favourite was the ride on a tram.



pannukakku (thick oven pancakes with a custardy interior), mustamakkara (a type of Finnish black pudding) to rahka (Finland's equivalent of quark, to which fruit is added to make some kind of a dessert). One of the most pleasant experiences food-wise was getting the chance to eat foods made over the fire in a designated fireplace area. Even if we eat grilled foods at home quite often, being able to eat outside in almost unspoilt nature was something else. I was surprised at how fond Finnish people are of their campfire spots, which, however, is only understandable as most designated camping and picnic areas include campfire rings and woodsheds with stocked and free-to-use firewood. And because the Finnish people are well-known for their blueberries, my hosts were kind enough to send me home with some of the more traditional gifts – such as blueberry chocolate and tea as well as two types of liquorice. I'll be honest and say that my visit rewired both my mind and heart strings and I can only wait patiently for the time my friend decides to visit Slovenia.





# TEACHER & STAFF MOBILITIES

## Who are the Guidance Service Providers? Partners from Spain, Ireland and Croatia meet in Slovenia



By Luka OREHAR

In the last week of October 2023 BC Naklo hosted a pilot implementation of training modules for 'Guidance Service Providers in Multifunctional Agriculture' from four European countries: Spain, Croatia, Ireland, and Slovenia, all partners in the AgriNext project. AgriNext is BC Naklo's biggest project, which falls under the Centres of Vo-

ational Excellence call of Erasmus+ projects, founded in 2021. The project aims to create a learning environment that responds to the skill demand on the job market in the field of agriculture. The partners from different VET (Vocational Education and Training), government and counselling institutions have prepared diverse contents,

which they presented to the whole project consortium to educate and increase the competences amongst our project staff and career counsellors. The final goal of this activity was to transform the training content into an online platform, which will be available on the AgriNext portal free of charge!



## A training course in Amsterdam: Best apps for future teachers

By Urška TERAN RAVNIKAR, Maša ŠKRLEP & Urška SIMJANOVSKI

In August, we took part in the Erasmus+ international structured training 'Best apps for Future Teachers' in Amsterdam. The week of intensive training took place at the High Performance Academy but also in and around the city. We learned a lot about Dutch culture, customs and people.

The theme of our training was the role of the teacher in the 21<sup>st</sup> century. We learned about online quiz platforms: Plickers, Blooket and Quizziz; the computer as a tool for teaching and learning: Google Drive, Google Lens; interactive tools and games: Goosechase, Photo Diary, Freske and Baamboozle; artificial

intelligence Chatgpt and the gaming platform Wordwall. In the next phase we had to put our theoretical knowledge into practice. We had to apply our newly acquired knowledge to platforms, interactive tools and games.

It was valuable to exchange experience and information with teachers from Italy, Portugal, Slovakia and Latvia. By taking part in the structured course, we gained a lot on the personal and professional level. While we will be able to apply our new knowledge in the classroom, we also thoroughly enjoyed the sightseeing around a very diverse and colourful city.





# From a student backpacker to accompanying teenagers to Estonia

By Maša ŠKRLEP

I travelled a lot in secondary school and later in my student years. I backpacked through parts of South Asia, visited a few cities in the USA, even worked in the Canary Islands for a few weeks, spent a summer at a surf camp in the Basque Country and visited several countries on the old continent. However, I find it difficult to speak English wherever I go.

Since most of my trips were banned in the Covid season, my travel pause was a little longer than I expected. So, when the call to accompany Erasmus+ students to Estonia came up, I didn't hesitate for long – I wanted to travel and I knew I had to step out of my comfort zone with my English. The day of departure came quickly and I met the students in front of the school in Strahinj. Then everything went as it should and, after stops in Venice and Tallinn, we arrived in Pärnu, the summer haven of Estonians in the south of the country. The weather was rather

unkind, if fitting for the end of October: rainy, cold and dark.

The school that hosted us has an interesting organisational structure. Following the reorganisation of schools, all the vocational and technical schools in the region were brought together into one centre. Thus, the Pärnumaa Vocational Training Centre trains tailors, ICT security specialists, confectioners, hairdressers, beauticians, sales organisers, accountants, small business entrepreneurs, caregivers, activity coordinators and many others. The school has 140 employees, around 1,100 students and 2,000 adult learners attending various courses annually. A unique feature of PVEC is its compact campus, which comprises five buildings in a nature-friendly environment.

The students took part in workshops on food and nutrition (baking, pastry making, working in the study kitchen and the large school kitchen). The lessons

are divided into several school workshops: they start in the school study workshops and then the work continues in the larger ones. The school kitchen is organised in such a way that students prepare lunches for the whole centre and also for external users. The organisation is therefore quite different from ours – the school kitchen is staffed by a head cook, a mentor teacher who manages the work process, an assistant cook and a dishwasher. The school canteen is also part of the kitchen – here the students are served by a catering manager, also known as #canteenqueen, named by the students. The school canteen offers one lunch with two different side dishes (usually peeled boiled whole potatoes and rice or buckwheat porridge). Two healthy desserts, typical Estonian sourdough rye bread, soup and two types of salads are available every day. Water and, interestingly, milk are also always available – the latter is especially popular with male students. The financing of school meals is similar to ours: ingredients are purchased through public procurement. As this has been my work responsibility lately, I naturally asked whether it was the same in Estonia. I found out that we have much stricter legislation, particularly on the procurement of organic foodstuffs, but otherwise we are very comparable. When we were not at school, we explored the surrounding area – the beaches, the spa, the town and the town museum. We were a bit unlucky with the weather, but towards the end we enjoyed a long morning walk at sunrise on Pärnu beach. We spent a day in Tallinn, which was absolutely charming, and one at the Tolkuse marsh. We had a great time with the students – although 11 days is a long time :) – and we all gained new experiences that will encourage us to continue our good work.

I will definitely return to Estonia in spring or summer, as the waters are calling for kayaking and the flat roads and cycle paths are perfect for a bike trip.





# Attending the Yad Vashem Seminar on Holocaust Studies in Israel



By Rok MIŠČEVIČ

In March 2023, I received an email from the National Education Institute. To my utmost surprise they were inviting me to attend an educational seminar for History teachers from Slovenia. The seminar took place in Jerusalem, Israel, and the purpose of the trip was to expand our knowledge of the Holocaust to pass it on to our students, all the while developing a vital network of colleagues. I had no second thoughts regarding my attendance, of course!

The seminar was organised by Yad Vashem, the World Holocaust Remembrance Center, which is one of the world's leading research and educational organisations of commemorating, documenting, researching and educating about the Holocaust. The Yad Vashem International School for Holocaust Studies is the only school of its kind in the world. It offers a range of activities for students and educators in the field of Holocaust education and develops innovative methods, creative materials and multimedia tools tailor-made for teachers worldwide. Hundreds of thousands of teachers and students, from Israel and around the world, attend educational courses and intensive seminars at Yad Vashem

every year. There were 21 Slovenian teachers and a representative from the Slovenian National Education Institute that attended this seminar.

We flew from Venice to Tel Aviv. The flight was followed by a bus ride to Jerusalem where the seminar took place. My first impressions of Israel were quite interesting. Israel as a country puts a lot of emphasis on security and national security, that is why there were a lot of police officers and soldiers everywhere. We visited Israel in a time of some national uprest which we got to experience the first day when we unknowingly found ourselves in the midst of a huge progovernment demonstration. Later, it was reported that around 40 thousand people attended this demonstration. This security issue was something that accompanied us the whole time we were in Jerusalem. Nevertheless, our safety was very well taken care of so we did feel very safe the whole time there even if it meant having some armed guards accompanying us during our sight-seeing tours in Jerusalem.

However, the most memorable experience during my one-week stay was the seminar itself. It was really well thought out. We got to enjoy great lec-



tures and workshops by scholars and researchers from different universities and research facilities. We discussed surviving the Holocaust and concentration camps and were able to listen to a Holocaust survivor's testimony and engage in a conversation with her. We visited a plethora of different exhibitions, museums and galleries regarding the topic of Holocaust. We also got to enjoy a tour of the old city of Jerusalem and travelled to The West Bank, Bethlehem, and the Judaeen desert to see the Dead



Sea and Masada ... All in all, it was an excellent experience. Since then, I have been able to apply some techniques and strategies with students in class. For example, we were able to put up an exhibition about Holocaust with materials provided by Yad Vashem. Watching the news these days makes me feel really sad but also very fortunate to have been able to visit and see these places in real life. Considering how the war is unfolding, who knows when it will be possible to go visit Israel safely again.



## A trip to Palermo: Making pizza, pasta, ricotta, mozzarella, gelato and marmellata with Italians – a delightful experience

By Maša ŠKRLEP

From 2<sup>nd</sup> to 8<sup>th</sup> July 2023, food and nutrition teachers visited Palermo, Sicily, as part of the NAPREI project. Our aim was to upgrade our knowledge and skills and to promote the development of education in the field of food technology.

In Palermo, we delved into Sicilian cuisine. We visited the Trattoria Pizzeria Il Proverbio where we tasted street food. Then we learnt about the Progetto Itaca Palermo organisation



on and how vegetables and fruit are produced there. Then we made ice cream and Sicilian desserts at the La Martorana patisserie and pasta at the Laboratorio Artigiano Pasta Fresca di Fabio Serina. We also visited Cuoche Combattenti, a social enterprise that produces jams and helps women, victims of violence. We furthered our culinary skills by baking Sicilian pizza at the Università degli Studi di Torino

and making ricotta and mozzarella at Caseificio Fratelli Biddeci.

This training has given us a deeper understanding of Sicilian cuisine, crafts and traditional cooking, which we look forward to sharing with our students in the future. The trip to Palermo was an invaluable experience for all participants and will enrich our teaching and knowledge in the field of food and nutrition.



# Resia – so close but so different

By Mojca LOGAR

At the end of August, teachers Meta Vovk, David Celar, Nataša Kunstelj, Bernarda Božnar, Anita Zupanc and myself took part in a professional tra-

ining course in Resia. We all teach in the Nature Conservation programme and are involved in the conservation of natural and cultural heritage, nature

interpretation, nature guiding and learning about local attractions. It was not our first time in Resia, but there are always new things to discover. We read the fairy tales from Resia in our childhood, we watched the cartoons, and we like them very much to this day. Resian song and dance are common on the Slovenian music scene.

During our stay we visited the Prealpe Giulie National Park where we could take part in its activities and were able to observe the involvement of young people in them. Our guide took us along the Ta lipa trail, we visited the Museum of the Resian People, the Museum of Grinders and a small Dairy Museum. The natural environment has a greater impact on the villagers than we could imagine. The mountains that surround the Resia valley are mighty, Mt Kanin is like a sleeping dog guarding the land that is very special and unique.

In the past, men would leave the valley to make a living elsewhere as sharpeners of knives, scissors and other sharp objects. They represented a contact with the outside world and brought some income to support their families. We can understand the 'Rozajansk' language quite well. Where people want to understand and hear each other, language is not a barrier. We visited Kasper Nicklas' organic farm, which was a unique experience. He told us about the village, which is very special, his manual work on the farm, the Bovec sheep. We cooked dinner together. On our way home, we walked along the lynx trail with a lynx expert in Trbiž. Wild animals can be closer to people than we think.

We learnt a lot about the functioning of the national park, nature protection, wildlife, organic farming, multiculturalism, the multilingualism of the country, the beautiful nature, a life that offers peace, tranquillity, remoteness and a completely different experience. This is what people today are looking for and need and this is what our school can offer in its educational programmes.





# Spanish Valencia as a centre for beneficial Erasmus+ teacher training

By Lenka ŽIGON

Europass Teacher Academy is a European organization that offers different educational practises for European teachers. In August 2023, I participated at the seminar with a title 'Climate Change and Global Citizenship Education'. The content of the seminar was very topical and interesting, especially because it took place in the beautiful Spanish city of Valencia. On the other hand, the high outside temperatures also enhanced the main purpose of education, i.e., how to prevent more climate crisis. The education of young people is the main task of 21<sup>st</sup> century teachers.

We were fourteen participants – teachers from different countries: Austria, The Czech Republic, France, Italy, Germany and Slovenia. Our seminar leader Ms Maria Honrubia first introduced us with some facts about Valencia. This beautiful city has a rich history, art and culture. The tourism is an important part of its economy. The number of inhabitants is approximately 800,000 and their ecological awareness is quite high. Foreigners can notice many nice green parks and sport areas set up on the former Turia river bed. A part of the



great Turia Park is also the City of Arts and Sciences where you can visit the Oceanographic Museum. Last but not least, Valencia is an example where history, modern life and ecology intertwine. In the year 2024, Valencia will be the green capital of Europe.

Ms Honrubia introduced us with Education for Sustainable development through the UN Agenda 2030. The whole human society has important tasks ahead regarding exploitation of raw materials and energy sources. On the other hand, we deal with important ecological problems. We have practised the calculation of our own carbon footprint.

Contemporary schools have to educate responsible and active citizens of 21<sup>st</sup> century. If we remain positive as a society, we can tackle heavy ecological

problems. During the seminar we experienced the importance of AI (Artificial Intelligence) in education. Different group tasks gave us opportunities to practice computer programmes like Canva, Goosechase etc.

In conclusion, I have enjoyed the Erasmus+ education in Valencia. The time that I have spent with other European teachers was interesting. I came to realise that in many European countries we have similar problems and that we (teachers) are playing the main role in making the world a better place. During my free time, I visited the Museum of Silk in Valencia. Outside the city, I visited the Albufera National Park with a lake and very rich biodiversity. I recommend such an educational experience to every teacher.

## 21<sup>st</sup> Century skills in Berlin

By Luka OREHAR & Jerneja ROZMAN

In July 2023 two members of the BC Naklo project office attended an international training titled '21<sup>st</sup> Century Skills'. The purpose of our participation in the training was to get acquainted with new methods and ways of learning, as in our work on Erasmus+ projects we are often faced with writing learning content aimed at pupils, students and adults who are educated in our centre. We attended a 30-hour course, where we took a deep dive at various practical activities focusing on creating

lessons using project-based learning, task-based learning, and the flipped classroom strategy. In addition to the theory, the lectures also included practical work in groups, where we tested the theory through different tasks presented via presentations, some of which we also had to act out in dialogue. This helped us to get to know each other better, to bond and to work as a team.

The Europass Academy made sure that our group was internationally di-



verse. In addition to new knowledge, we gained experience in teamwork, cooperation in an international environment and networking for possible future project cooperation. Apart from the training, the mobility gave us an opportunity to visit one of the European capitals, which impressed us with its history, beautiful buildings, and excellent food.



# A forest school around the corner

By Aleksij KOŠICA

SNU Samorog is a day care centre where children spend most of their time in the forest. It is organised as a private school. I am fascinated by the fact that the weather is not an obstacle for outdoor activities. Fire is their friend. Adults do not forbid things that are dangerous for chil-

dren, but they teach them how to use them safely. I have the feeling that they really cooperate with each other. They often cook their own lunch. It's even better when they bake bread on a stick over a fire. I don't know how they manage, but there are no telephones anywhere near the school.

They do not have a lot of homework because they revise things together. They are taught responsibility, how to wash the dishes and tidy up, regardless of age, which is from 2 to 14 years. But when you ask them how it was at school, they say: 'We are playing all the time!'

## Wordsearch puzzles

### An athlete's diet

by Luka ZUPANČIČ

Down: EXERCISE, FISH, MEAT, CARBS, FOOD

Across: CARBON, EGGS, ENERGY, FAT, RECOVERY, PROTEIN, WORKOUT

E	O	H	B	C	E	G	G	S	I
X	N	S	I	E	N	E	R	G	Y
E	H	I	C	A	R	B	O	N	F
R	R	F	A	T	K	Y	P	B	N
C	X	P	R	O	T	E	I	N	K
I	W	Y	B	I	F	B	A	R	O
S	A	O	S	X	O	S	M	O	R
E	V	R	E	C	O	V	E	R	Y
I	R	S	B	C	D	O	A	M	K
W	O	R	K	O	U	T	T	I	L



### Babies & toddlers

by Adna SELIĆ

Down: VEGETABLES, FRUITS, YOGHURTS

Across: BABIES, GRAINS, CHEESES

B	O	M	F	I	S	O	P	M	V
F	A	G	R	R	A	I	N	S	E
Y	X	B	U	T	N	A	S	O	G
O	R	Y	I	M	S	R	E	L	E
G	V	R	T	E	E	T	G	S	T
H	T	I	S	L	S	Z	H	T	A
U	H	A	D	N	S	C	O	K	B
R	L	D	Y	B	M	D	X	N	L
T	O	P	K	R	I	L	Y	P	E
T	D	R	C	H	E	E	S	E	S





# Local is delicious: Apple cider production

By Darja BONCELJ, Zoja DOBRAVEC & Luka ZUPANČIČ

First, we separated the rotten apples from the good ones. Then we washed them in the fruit cleaning machine. After the washing process the apples fell on

the conveyor belt. While the conveyor belt was moving, we cut out the rotten parts of the apples. From the conveyor the apples fell into the apple mill. The

mill ground the apples and apple pulp was formed. The pulp was carried to the press where apple cider was squeezed. Delicious!



## Autumn has come

By Špela JAMNIK, Andreja KONCILJA & Lisa NICCOLINI

Autumn has come, and with it a lot of work. Outside the school we need to remove the dead plants, such as annual flowers, and plant new ones. We rake leaves, and har-

vest crops. The harvested crops have been cleaned, weighed and packed so they can be sold in our school shop. We started making autumn arrangements before the

holidays and some of them have already been sold. Others are used as decorations in school. The school is now decorated with leaves, pumpkins and acorns.





# All about food

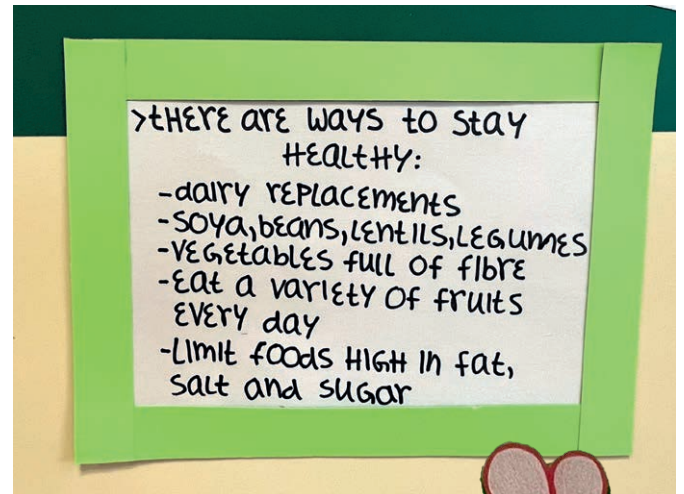
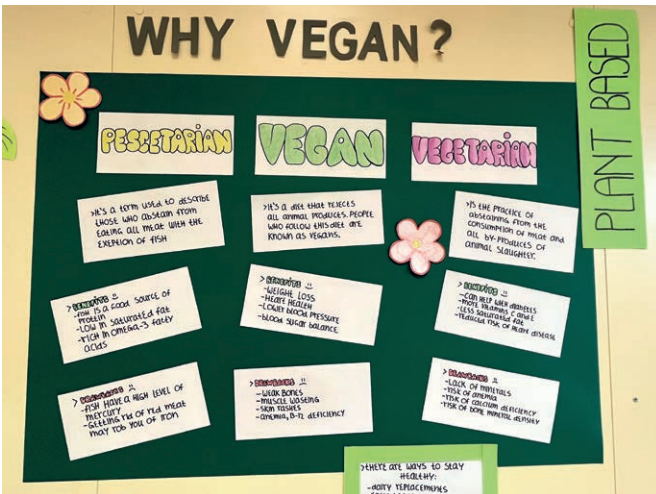
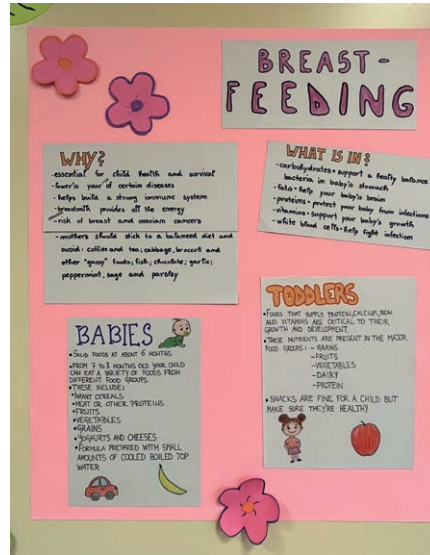


By Zoja DOBRAVEC & Ana LUŽAR

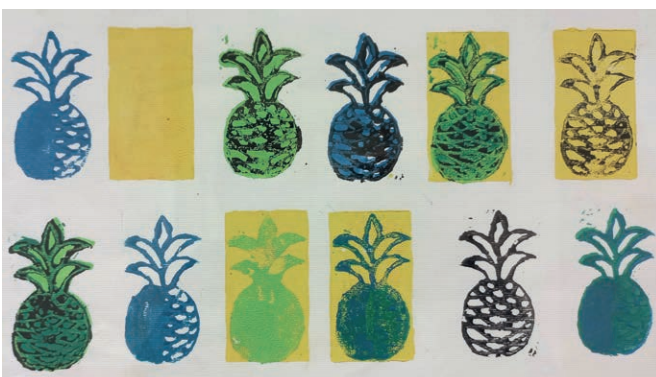
Food is used to sustain growth, vital processes and provide our bodies with energy. There are a lot of different food groups, diets and better ways to take care of ourselves nutriti-

onally so we decided to explore some options. We explored veganism and what its benefits and drawbacks are. We learned why babies are breastfed and in what ways we can eat healthi-

er food and make an impact on the environment. We found that the best decision you can make is to live a healthy lifestyle and grow your own food for better health.



## From our artists





# A feast for your eyes and ...

By students of VOCATIONAL courses

We can make delicious desserts, bread products and beautiful flower arrangements. But we can also fix tractors – and much more!



## Our school band

By Kata MANČEK PALI

The BC Naklo school band is a great place to express yourself musically. There are currently eight members and they are still on the search for more. The instruments they use are guitar, drums, piano, bass guitar – and their voices, of course. The band was put together last year but it has no official name yet so we just refer to them as The BC Naklo band. They

like to perform existing songs as well as ones composed by the members themselves. They sing in both English and Slovene. They perform at school but also at public events and they are comfortable playing any genre. This is the BC Naklo school band and if you find it interesting, you can always find them in the UDG classroom on Tuesdays.



## Fish in the pond

By Tine OMAN SUŠNIK & Bor JURKOVIĆ



Not only do we have fish in the pond, recently we have acquired a new fish tank and a new pack of fish, a magical touch to our school. We selected a variety of colourful fish of various species. We considered their needs and compatibility so that they can live in harmony. Taking care of our new friends includes feeding them a balanced diet as well as regular cleaning of the tank and changing the water. Every single day we delve happily into this magical world that brings us relaxation and joy.





**BIOTEHNIŠKI  
CENTER NAKLO**  
SREDNJA ŠOLA

