

2.1.1 Working at Height Regulations United Kingdom

The UK Working at Height Regulations (2005) apply to all work at height, where there is risk of a fall liable to cause personal injury [[1](#), [2](#), [3](#)]. They place duties on employers, and those who control any work at height activity (such as facilities managers or building owners who may contract others to work at height). As part of the Regulations, you must ensure that:

- all work at height is properly planned and organised
- those involved in working at height are competent
- the risks from working at height are assessed, and appropriate work equipment is selected and used
- the risks of working on or near fragile surfaces are properly managed
- the equipment used for working at height is properly inspected and maintained

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